

## Frankincense – Myrrh

When Jesus was born in Bethlehem of Judea in the days of Herod the king, behold, Wise Men from the East came to Jerusalem, saying 'Where is he who has been born king of the Jews? For we have seen his star in the East, and have come to worship him' ... When they saw the star, they rejoiced exceedingly with great joy, and going into the house they saw the child with Mary his mother, and they fell down and worshipped him. Then opening their treasures, they offered him gifts, gold and frankincense and myrrh. (Excerpts from Matthew 2, 1-10).

The episode evokes Isaiah where gentile nations bring gifts of gold and frankincense to the God of Israel. Myrrh: An anointing oil used to consecrate Levitical priests and the wilderness. The gifts of the Magi signify the mystery of Christ incarnate: Gold, a symbol of royalty, represents the kingship of Jesus. Frankincense is used in the worship of God, points to His divinity. Myrrh, a burial ointment, signifying the humanity of Christ, especially in His passion and death.

**How can these precious oils -that are available in health stores- benefit us today ?** Below is a brief summary from the book 'Ancient Remedies' by Dr Josh Axe about the diseases it can alleviate: Alzheimer's disease, Arthritis, Autism, Bruising, Cancer, Fibromyalgia, Flu, Hashimoto's thyroiditis (immune disease), High blood pressure, Hyperthyroidism, Hypothyroidism, Inflammation, Inflammatory bowel disease (Crohn's and colitis), Lupus, Lyme disease, Multiple sclerosis, Parkinson's disease, Prostatitis, Psoriasis, Shingles, SIBO (small intestinal bacterial overgrowth), Ulcers, UTI (urinary tract infection), Warts. For a detailed user's guide, please see our website under the section 'Articles'.